



A Diamond's Reflection

Would you like to become more aware of the Light of God?

Close your eyes, and imagine you are standing with the MAHANTA, looking at a brilliant diamond. Turn the diamond around in your hand, and look at it from different angles. Tell the MAHANTA what you see. Then pass the diamond to the MAHANTA to hold.

Watch as a shaft of pure white light beams into the diamond. Thousands of twinkling lights reflect around you. As Soul, you can simply glide into the light.

Do you feel the joy this brings?

Listen! Do you hear the music of the Sound Current surrounding you? Allow the Light and Sound to gently wash through your whole being. It brings blessings, strength, and love. You will notice the difference.

— Harold Klemp, *The Wonder Within You*, p. 151



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Begin by singing *HU* for several moments. Using your Spiritual Eye, imagine you are in the Temple of ECK and you see an ECK Master holding open the door of a golden elevator. He invites you to enter. He wants to show you something new in the God Worlds of ECK.

As the doors close and you begin to rise, notice how the inside of the elevator changes. It becomes larger, more spacious, and with each passing floor you can feel the speed as you whoosh upward. Your body becomes finer and sparkles with Light and Sound. When you reach your destination, the door opens.

Even though you have never consciously been there before, the room or landscape may feel familiar to you. Soul wants to explore! So step out and continue your adventure.

Tip: You might get the chance to hold a door open for someone in your day. It is a reminder from the MAHANTA of your inner journey on the golden elevator.

—Harold Klemp, *The Wonder Within You*, pp. 118-119



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The Eternal Nature of Soul

Chant *HU* for several minutes. Then imagine yourself, Soul, as a body of golden light. God's love for you pulses in the center of the light. Let this love and light expand until you have no beginning or ending. Enjoy this feeling of limitlessness.

Ask the Inner Master to give you a glimpse of the boundless love and creativity of who you truly are—Soul. What do you see?

—Harold Klemp, *The Wonder Within You*, p. 18



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Your Cup of Living Water

Chant the word *SUGMAD* silently to yourself. Picture a desert with a green oasis in the middle. As you walk through this oasis, you see people from many cultures and religions standing in line, with cups in their hands. You are also holding a cup. You get in line too.

Continue to inwardly chant *SUGMAD*. You see that the Living ECK Master waits at a well. As each person offers his empty cup, the Master fills it lovingly from the well of Living Water, which is the ECK Itself. Very soon it is your turn, and the Master recognizes you. He gives you a special smile and says your name. After he fills your cup, drink the Living Water to the last drop, with thanks and joy in your heart.

As you drink, imagine the Light and Sound of God rushing through your whole being. Know that once you drink this water, you will never be the same. It will begin to awaken the God knowledge already in your heart.

—Adapted from *The Wonder Within You*,
by Harold Klemp, p. 156



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by Harold Klemp, p. 156



The Shariyat-Ki-SUGMAD, Book Two, says, on page 86, "One of the three truths of ECK is that Soul is immortal, and Its future is the future of a thing whose growth and splendor has no limits."

When you are facing a limitation in your inner or outer life, close your eyes and sing, "May the blessings be" for several minutes. Imagine hidden blessings of Light and Sound are raining into your life from the Ocean of Love and Mercy.

Your acceptance of these blessings invites new possibilities. Look for how the ECK will lead you forward, and be ready and eager to take the next step when it is shown.

—Harold Klemp, *The Wonder Within You*, p. 59



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