

Experience the Light and Sound of God



Fun Facts Small Group Discussion

- Which fun facts did you already know?
Which were new to you?
- Which were the most interesting to you?
- Did you relate to any of the experiences in the artwork?
- How have *you* experienced the Light and/or the Sound?

The Sound and Light Are Very Real in ECK

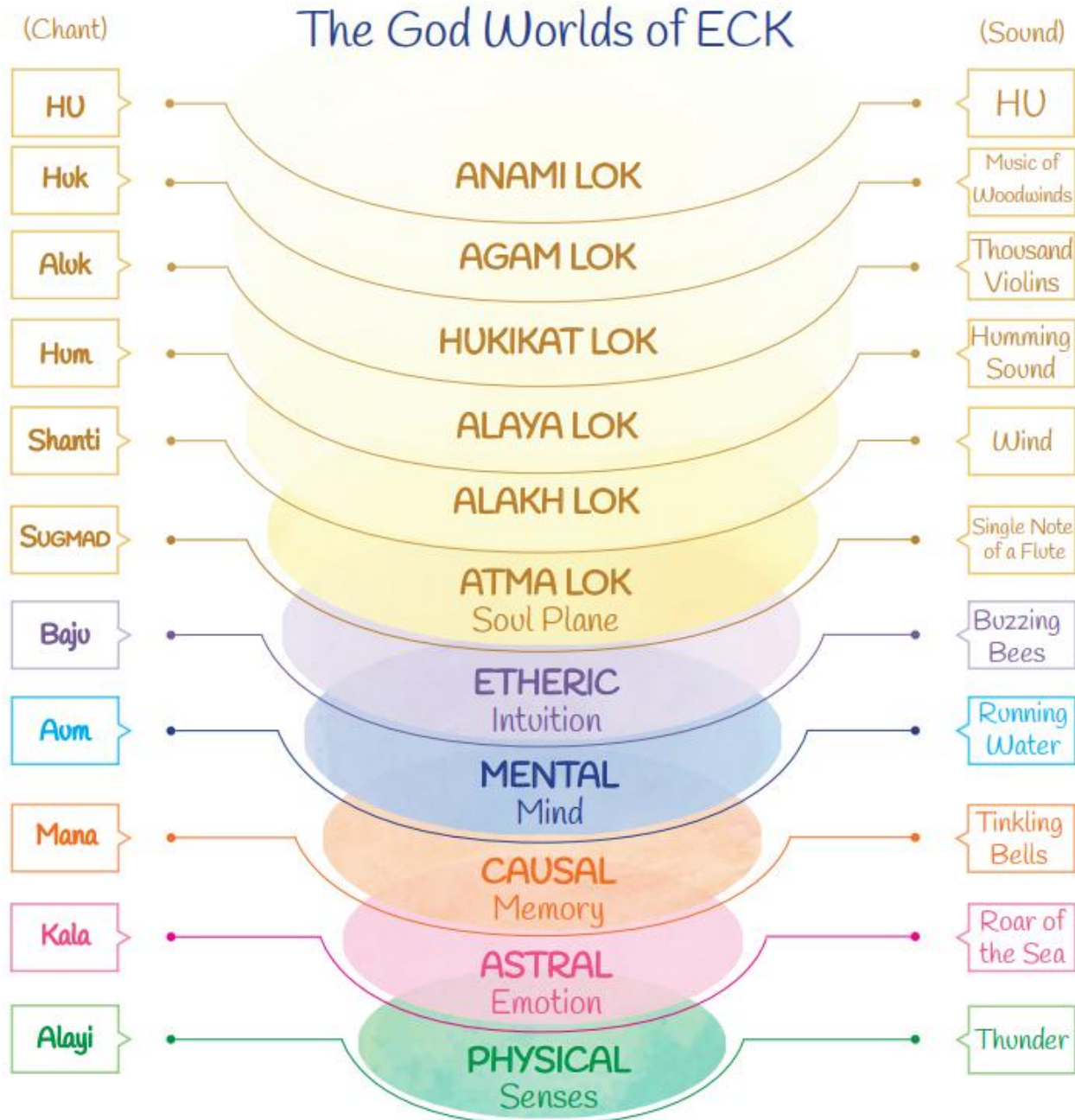
- The Light is the Holy Spirit at a certain rate of vibration where the atoms of God can be seen.
- At a higher, faster vibration, It can be heard as the Sound Current of ECK.

—Adapted from Harold Klemp,
Unlocking Your Sacred Puzzle Box, p. 159

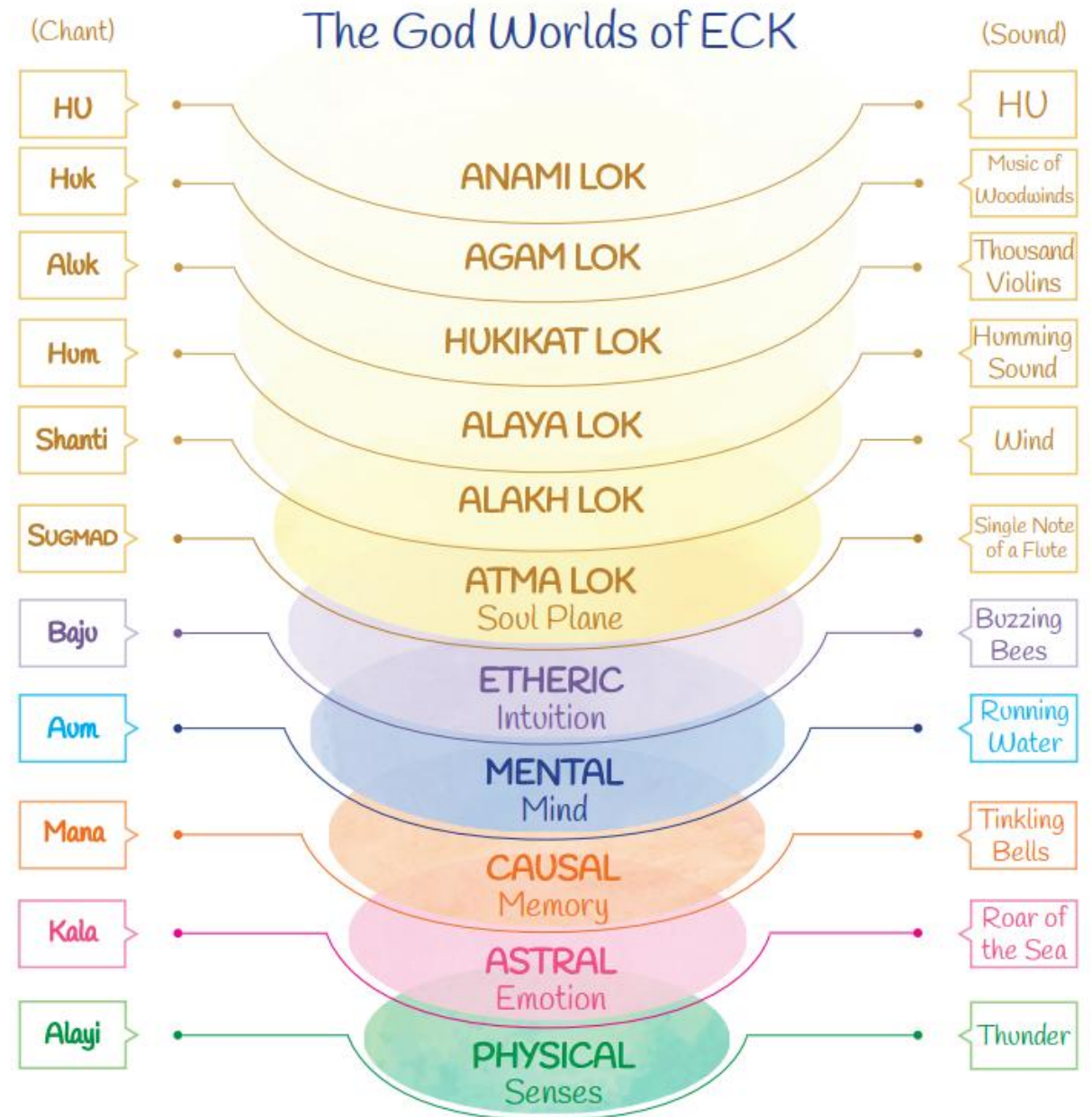
As you listen to the music...

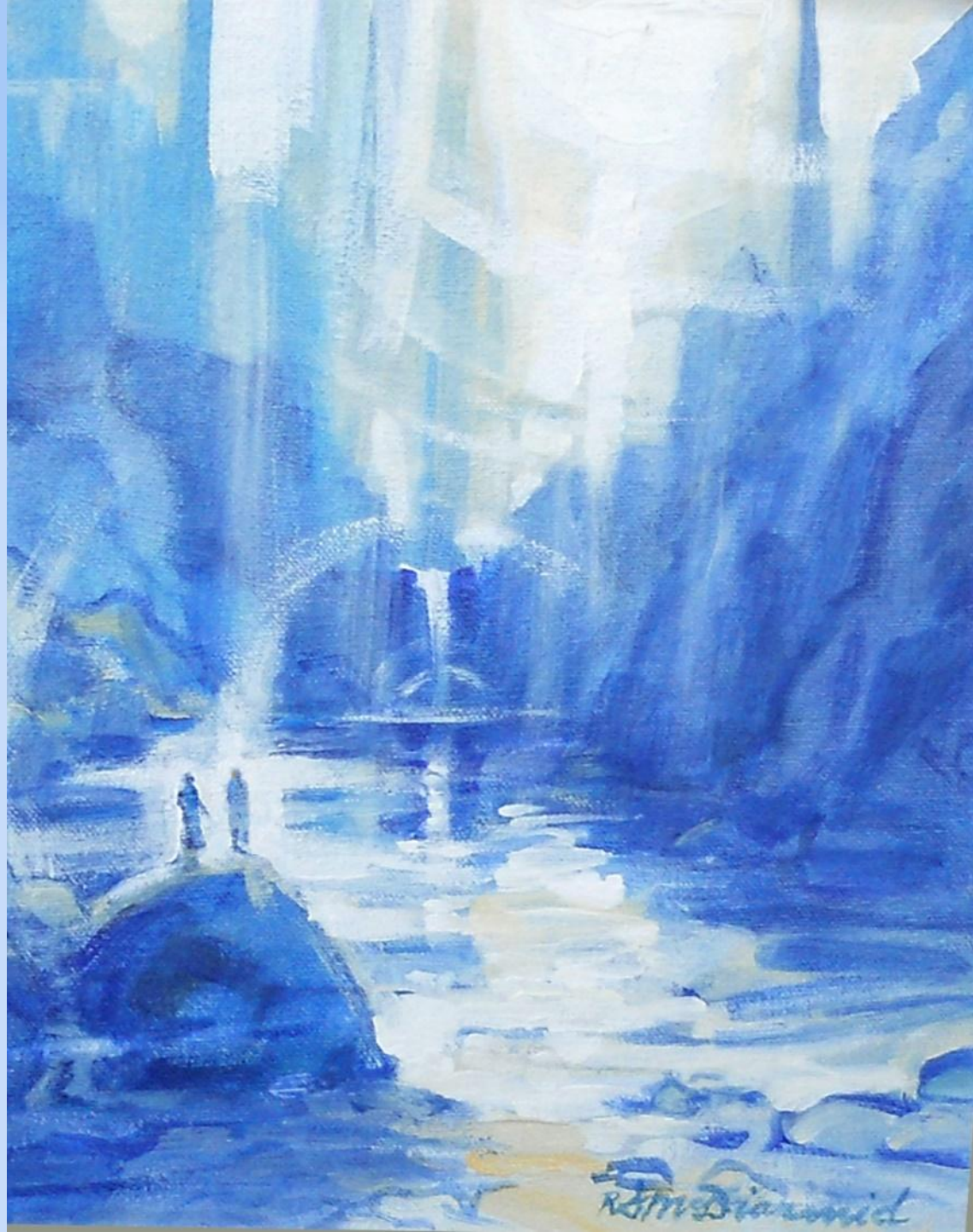


- Listen for HU in the sound of the instruments.
- See if you can feel the Sound Current moving through you.
- Where do you feel the music the most?
- Does each instrument have the same vibration?
- What other sounds do you hear?



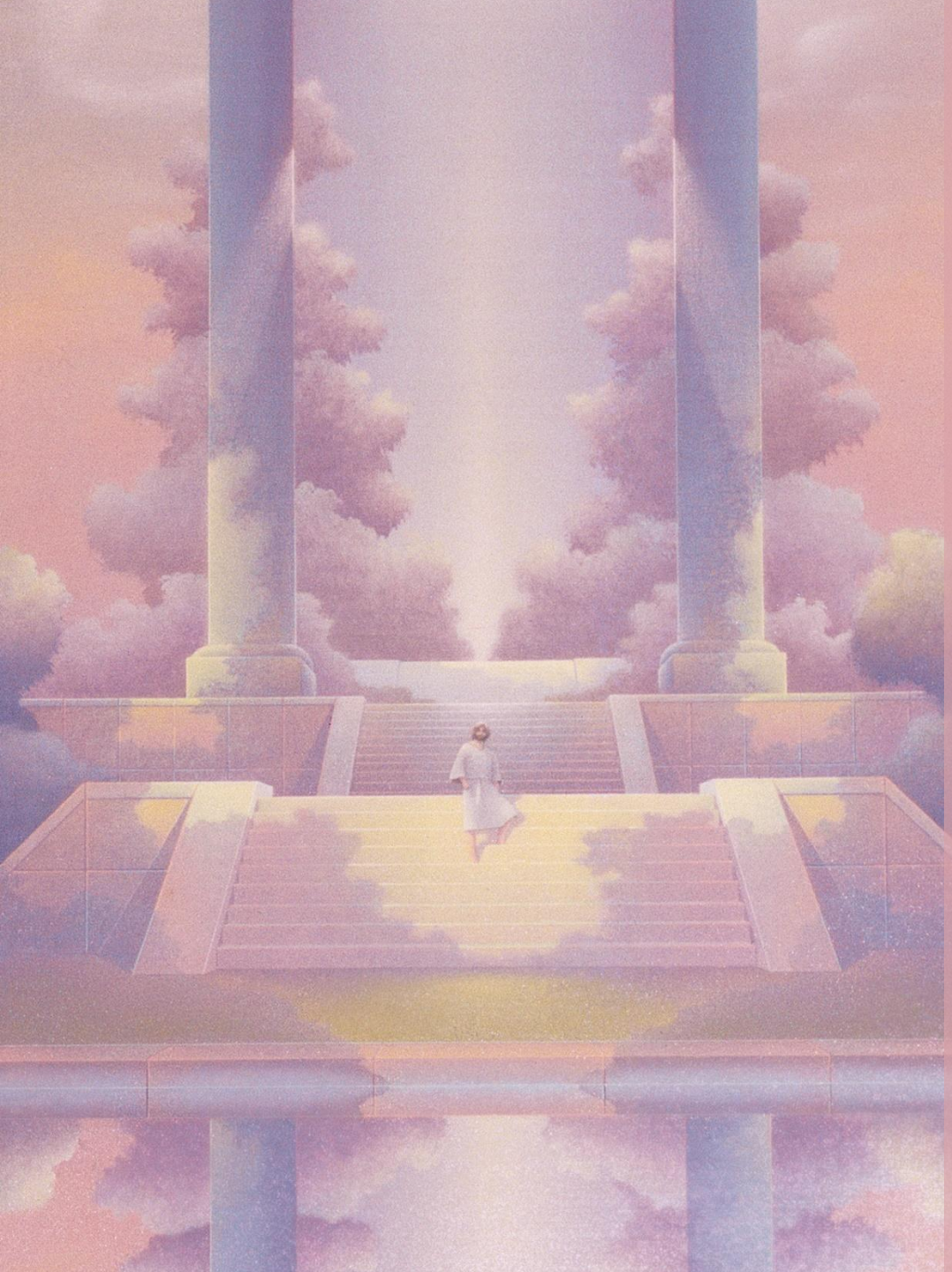
Where in the
God Worlds
might this
experience be?







The Mental Plane



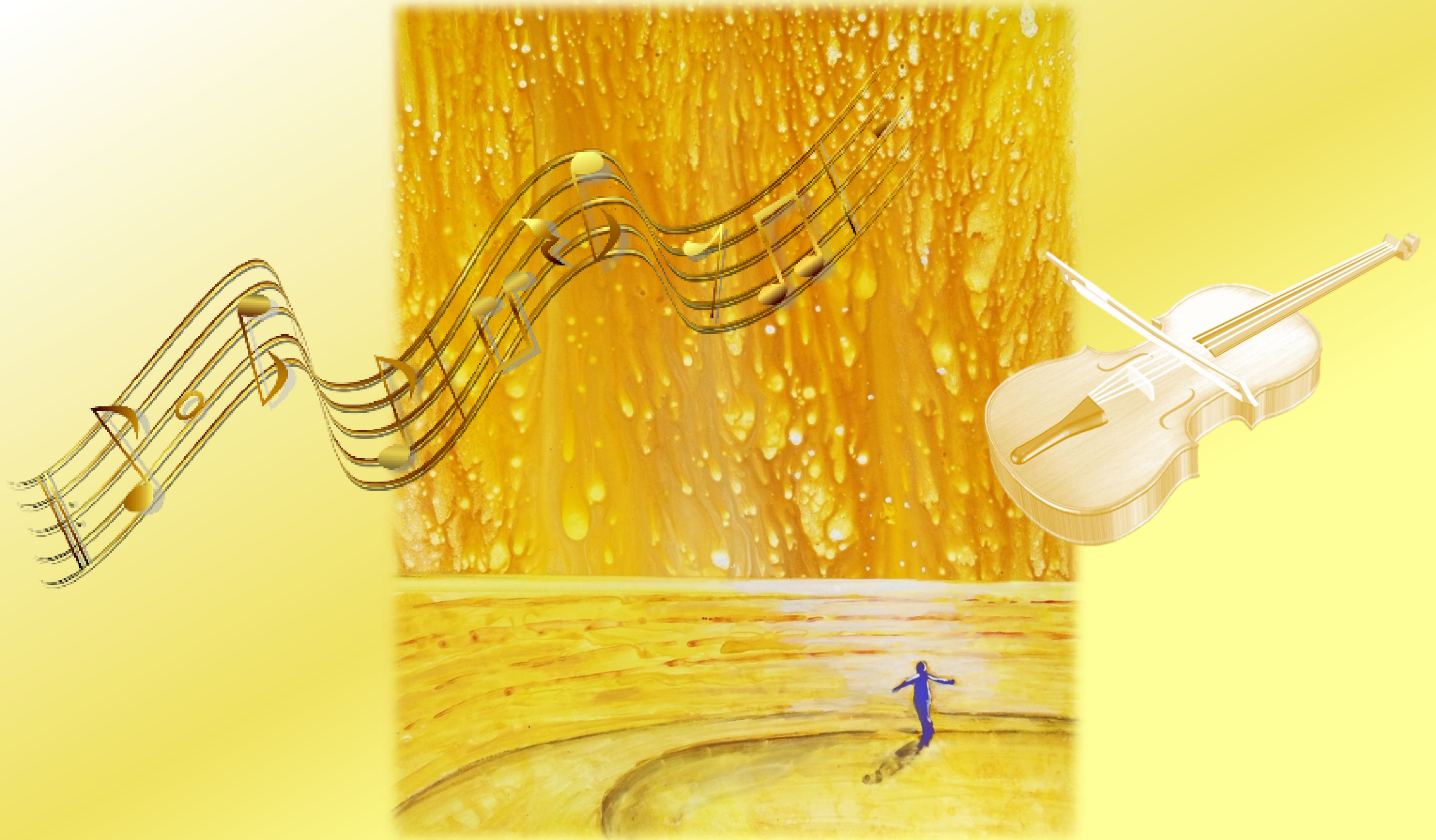


The Astral Plane





The Causal Plane





The Soul Plane





The Physical Plane





The Etheric Plane

HU

“When you sing *HU*, know that this is one of the most sacred names for God. Sing it with love....Look for the Light, listen for the Sound. It’ll give you spiritual insight, but it doesn’t come overnight. You have to develop it like any other skill.”

—Harold Klemp, *The ECK Rite of Passage Youth Study Guide*, p. 86

Living from Your Highest

- How do different types of music affect your vibration? And different types of social media?
- What other choices affect your vibration?
- What can you do if there is someone in your life whose vibration is not what you are aiming for?
- What helps you raise your vibration and live from your highest **as Soul**?