

Inviting the Dream Master



The Dream Master, who is the MAHANTA, the Living ECK Master, will only work with the dreamer if he is invited.

You can invite the Dream Master to be with you when you go to sleep. Imagine giving your problems to him. Let your mind relax and let go of worries.

Ask the Dream Master to help you clear up whatever is in the way of your spiritual growth.

Then go to sleep, knowing that you are in the care of the Dream Master who will look out for your best interests.

Adapted from *The Spiritual Exercises of ECK*, by Sri Harold Klemp

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