

SPECIAL FORUM FOR ECK PARENTS: Bringing the ECK Teachings to Life for Our Youth



Date: _____

Time: _____

Location: _____

Facilitators: _____

Program Description:

Come and enjoy this engaging opportunity. Explore the many wonderful resources available to help us raise our children in ECK. Let the MAHANTA inspire you and share your parenting adventures with other ECK parents.

Supplies needed:

- Crayons
- coloring and activity sheets for young children who attend with their parents

For Resources Fair (bring as many of the following items as possible and set out on table beforehand):

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| • <i>The Wonder within You</i> | • <i>Sounds of HU</i> |
| • ECK Youth Discourses | • ECK coloring books |
| • ECK Parable and Activity Kit | • <i>Davie Learns a Lesson about Karma</i> |
| • Recent issues of <i>Letter of Light</i> | • <i>Grandpa Went Away</i> |
| • <i>Youth Ask a Modern Prophet about Life, Love, and God</i> | • <i>When I was Big</i> |
| • Illustrated ECK Parables and CDs | • <i>The Great Game</i> |
| • <i>Your Children and the ECK Discourses</i> | • <i>Gratitude Grab Bag</i> |
| • ECK youth music CDs | • Activity sheets printed from ECKParents.org/FamilyActivities /ActivitySheets |
| • <i>ECK Rite of Passage Youth Study Guide</i> | |

Outline

| | Facilitator | Time |
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| <p>Welcome & facilitator introduction (Slide 1) – (6 min)</p> <p>Warmly welcome parents to this brand-new, exciting event to support ECK parents in the adventures of raising our children in ECK in this new golden cycle we're in!</p> <p>Let them know:</p> <ul style="list-style-type: none"> • These forums for ECK parents give parents an opportunity to come together, share, and learn from each other, and hear about any new resources that support us in our parenting journeys. • Today we have some exciting resources to share with you, and we have a special panel with [name of parent] and his/her son/daughter, [name], sharing what they learned with the MAHANTA as a family, while [name] was growing up. • We'll also have several wonderful opportunities to connect and share with each other in table discussions. <p>Share Opening quote: (Slide 2)</p> <p>“The role of the parents is to show the children how to come to the temple within themselves, even when they're young; to show them how to work with the sacred names of God and come to this Sound and Light of Divine Spirit. And it will take every bit of creativity that you have to learn how to work with children.”</p> <p style="text-align: center;">—Sri Harold Klemp, <i>Journey of Soul</i>, MAHANTA Transcripts, Book 1, p. 180</p> <p>Lead HU Song</p> | | <p>(3 min)</p> <p>(3 min)</p> |
| <p>Table discussion: (10 min)</p> <p>Invite attendees to introduce themselves at their tables and share:</p> <p>How do you use your creativity to share the ECK teachings with your child? (Slide 3)</p> | | (10 min) |

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| <p>child how his thought was important before, to lead him through the obstacles 'til he finally reached his goal.</p> <p>Does that help? Okay. With the children there's a lot we can do as Initiates to talk to the children, tell them the stories of the ECK Masters in very simple way. A small child of four might sit still for three sentences. That's enough. When they get six, maybe condense the stories...to two minutes, and like this. They'll find it helpful. Okay.</p> <p>The duty of a parent is to show the child how to follow the path of ECK and also make his own way in this life. Because we're on the path of ECK, we do not allow our children to run undisciplined; so that when you sit in a restaurant, and you're sitting in a chair, and the child from another family behind you has got his soup in a spoon and he's busy putting it all over you, and the parents are very proud and they say of their child, "Isn't he free?" We have to teach freedom with responsibility.</p> <p style="text-align: center;">***</p> <p>Large Group Call-out: Invite parents to quickly share something that lit up for them from Sri Harold's talk.</p> <p>Share that this talk was given in 1982 and that, since then, ECKANKAR has released many wonderful books and stories for children, which we'll be exploring a little later on.</p> <p>Next, we'd like to share some other exciting new resources with you!</p> <p>(Slide 8)</p> | | <p>(5 min)</p> <p>(1 min)</p> |
| <p>Sharing Parent Blog and Resources for ECK Parents (Slide 8-12)</p> <ul style="list-style-type: none"> • Share highlights of the Parent Blog. This can include an online tour of the site, if possible. • Remind them of the URL — ECKParents.org (Slide 9) • New: Activity Sheets (Slides 10 & 11) <ul style="list-style-type: none"> ◦ Explain how to find the activity sheets and highlight the new ones (find under Family Activities/ Activity Sheets) • Invite parents to submit their stories and parenting questions for the blog and <i>Mystic World</i> "Spotlight on ECK Families" page. (Slide 12) | | <p>(4 min)</p> |

| <ul style="list-style-type: none">Let them know the blog site will continue to be updated with videos and other wonderful features to provide them with even more amazing resources.Youth Website (Slide 13) <p>Give youth website URL — ECKyouth.org</p> <p>Give a brief overview of the ECK Youth website, highlighting the ECK Rite of Passage and Questions for the Master pages.</p> <p>Let them know they can help their children submit questions for the Master to the <i>Letter of Light</i>, right there online from the “Questions for the Master” page.</p> | | (3 min) | | | | | | | | | | | | | | | | | | | | |
|--|---|----------|--|------------------------------|--|----------------------|--|---|--|---|--|---|--|------------------------|--|---------------------------|--|--|--|---------|--|--|
| <p>ECK Books & Resources Fair (Slide 14) – (21 min)</p> <p>Next, we’ve invited a few parents to join us and share a bit about their favorite resource and how they use it in their family.</p> <table><tr><th>Invited Parent</th><th>Resource</th></tr><tr><td></td><td><i>The Wonder Within You</i></td></tr><tr><td></td><td>ECK Youth Discourses</td></tr><tr><td></td><td><i>Youth Ask a Modern Prophet about Life, Love, and God</i></td></tr><tr><td></td><td>Illustrated ECK Parables and the ECK Parable and Activity Kit for Youth</td></tr><tr><td></td><td><i>Your Children and the ECK Discourses</i></td></tr><tr><td></td><td><i>Letter of Light</i></td></tr><tr><td></td><td><i>Gratitude Grab Bag</i></td></tr><tr><td></td><td><i>The ECK Rite of Passage Youth Study Guide</i></td></tr><tr><td></td><td>(Other)</td></tr></table> <p>Let attendees know that some of the ECK Resources for youth and families have been set out on tables in the room.</p> <p>Invite attendees to take a quick five-minute stretch break to walk around and look at the various resources that are available for ECK parents.</p> | Invited Parent | Resource | | <i>The Wonder Within You</i> | | ECK Youth Discourses | | <i>Youth Ask a Modern Prophet about Life, Love, and God</i> | | Illustrated ECK Parables and the ECK Parable and Activity Kit for Youth | | <i>Your Children and the ECK Discourses</i> | | <i>Letter of Light</i> | | <i>Gratitude Grab Bag</i> | | <i>The ECK Rite of Passage Youth Study Guide</i> | | (Other) | | (8 min) < |
| Invited Parent | Resource | | | | | | | | | | | | | | | | | | | | | |
| | <i>The Wonder Within You</i> | | | | | | | | | | | | | | | | | | | | | |
| | ECK Youth Discourses | | | | | | | | | | | | | | | | | | | | | |
| | <i>Youth Ask a Modern Prophet about Life, Love, and God</i> | | | | | | | | | | | | | | | | | | | | | |
| | Illustrated ECK Parables and the ECK Parable and Activity Kit for Youth | | | | | | | | | | | | | | | | | | | | | |
| | <i>Your Children and the ECK Discourses</i> | | | | | | | | | | | | | | | | | | | | | |
| | <i>Letter of Light</i> | | | | | | | | | | | | | | | | | | | | | |
| | <i>Gratitude Grab Bag</i> | | | | | | | | | | | | | | | | | | | | | |
| | <i>The ECK Rite of Passage Youth Study Guide</i> | | | | | | | | | | | | | | | | | | | | | |
| | (Other) | | | | | | | | | | | | | | | | | | | | | |

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| <p>Large Group Call-out: Which resources lit up as ones you'd like to use in your family right now? Why?</p> <p>(If time permits) Do you have any questions about resources or ideas for new resources that would help you as ECK parents?</p> | | |
| <p>Facilitators briefly touch on their own joyful experiences of studying the ECK Youth Discourses with their children, doing the spiritual exercises of ECK with them, and helping them make a personal connection with the MAHANTA.</p> <p>Table Discussions: (Slide 15)</p> <ul style="list-style-type: none"> • What spiritual exercises do you love to do with your children? • How do you or could you help your child personally connect with the MAHANTA? <p>Large Group Sharing of highlights from small groups</p> <p>Remind parents that they can find spiritual exercises to do with their children, on the Parent Blog site at ECKParents.org or in <i>The Wonder within You</i>.</p> | | <p>(10 min)</p> <p>(6 min)</p> |
| <p>Conclusion - (5 min)</p> <p>As First of the Golden Years continues, and ECKANKAR itself continues to grow and share the blessing of the ECK teachings with the world, an even brighter light is being shone on supporting ECK families in the adventure of raising our children in ECK.</p> <p>Share closing quote, which touches on the very exciting spiritual times we are in.</p> <p>Quote: (Slide 16)</p> <p>“Today we are setting the example for how the teachings of ECK will be taught in the future, how our children will teach their children.”</p> <p>— Sri Harold Klemp, <i>How the Inner Master Works</i>, MAHANTA Transcripts, Book 12, p. 22</p> | | <p>(2 min)</p> |

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| <p>We are all a part of this unfolding spiritual history.</p> <p>Closing HU: Invite parents to join in the special opportunity to sing our love song to God with other ECK parents.</p> <p>Thank you for coming! (Slide 17) We appreciate you taking the time to fill out your comment forms and would love to hear your ideas about what you would like to see at future forums.</p> | | (3min) |
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